

# Adult Social Care Population Profile

## North profile

Developed by Public Health Intelligence Team

Version 2.3 March 2026

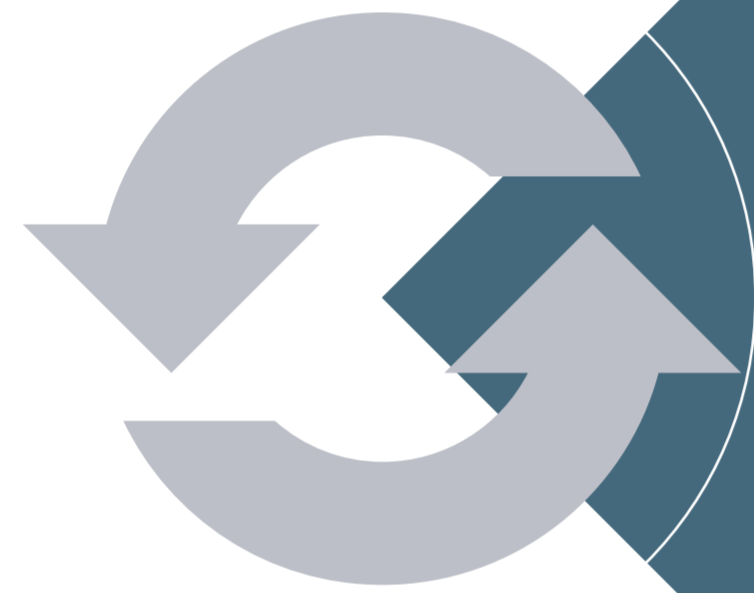
# North Profile



# Introduction



This profile has been produced by the Public Health Intelligence team.



A lot of the data has been sourced from the 2021 Census, which is updated every ten years, but other more recent data will be refreshed in this pack more frequently.



You can find more information about populations in East Sussex from [East Sussex in Figures](#) which has data, profiles and reports that go into more detail on many of the topics contained in this profile.

# Key findings

1. Lower % of older people than the county average
2. More ethnically diverse in the Havens
3. Higher % who cannot speak English well, or at all in the Havens, although the numbers are still small
4. Higher % disabled in the Havens
5. Havens has the 2nd highest % of unpaid carers in the county
6. 16% of older people live alone
7. Areas in and around Newhaven are the most deprived in the team area, as well as the Landport area of Lewes town

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# Populations

## Mid-2022 resident population estimates by age band, ONS

ASC Team	ASC sub-area	0-19		20-64		65-84		85+		All ages
		Number	%	Number	%	Number	%	Number	%	
North	Havens	7,949	22%	19,784	55%	7,180	20%	1,091	3.0%	36,004
	Lewes & North Wealden	28,558	21%	72,001	53%	30,042	22%	4,839	3.6%	135,440
<b>North Total</b>		<b>36,507</b>	<b>21%</b>	<b>91,785</b>	<b>54%</b>	<b>37,222</b>	<b>22%</b>	<b>5,930</b>	<b>3.5%</b>	<b>171,444</b>
<b>East Sussex Total</b>		<b>113,289</b>	<b>21%</b>	<b>292,276</b>	<b>53%</b>	<b>124,043</b>	<b>23%</b>	<b>21,399</b>	<b>3.9%</b>	<b>551,007</b>

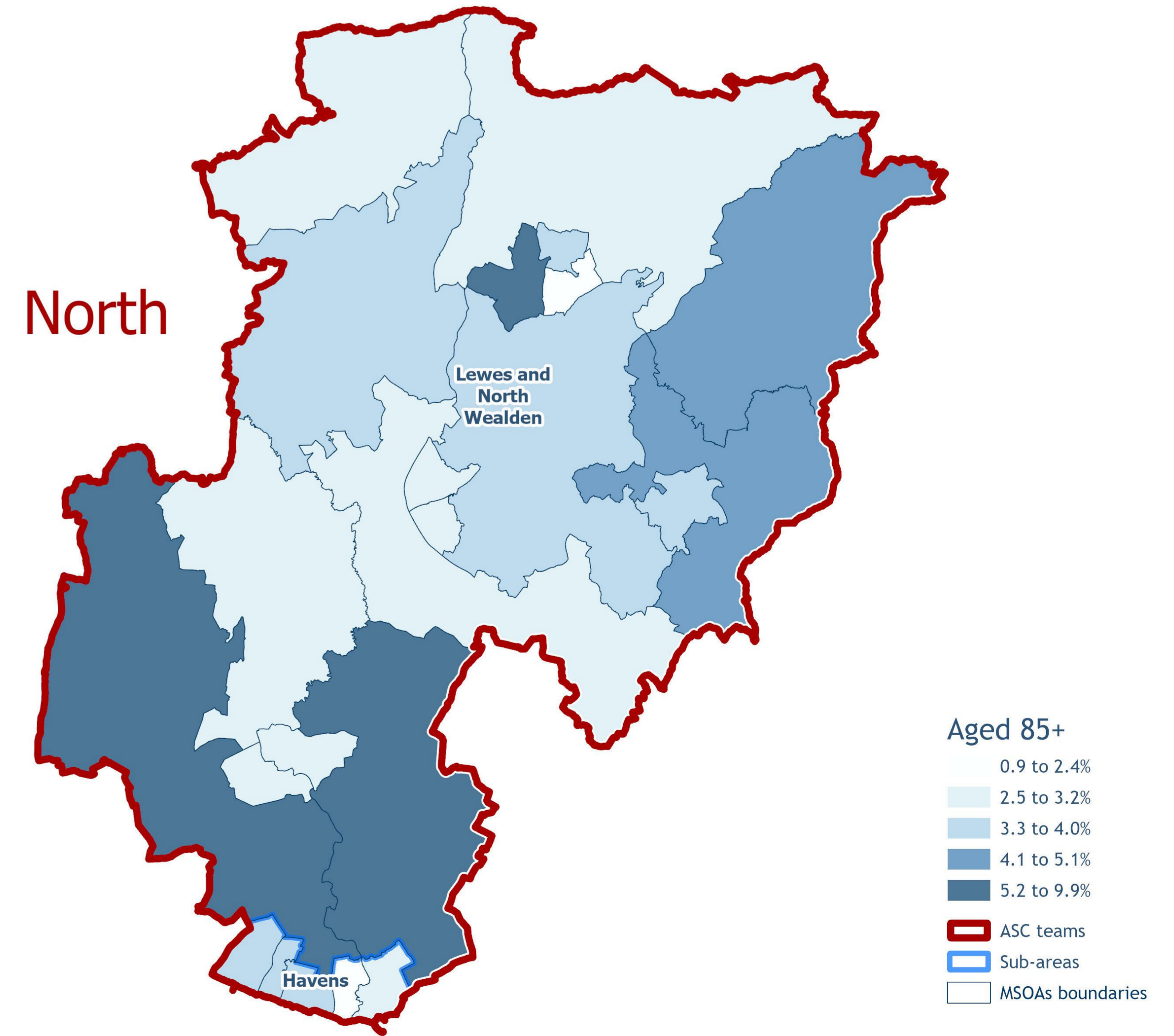
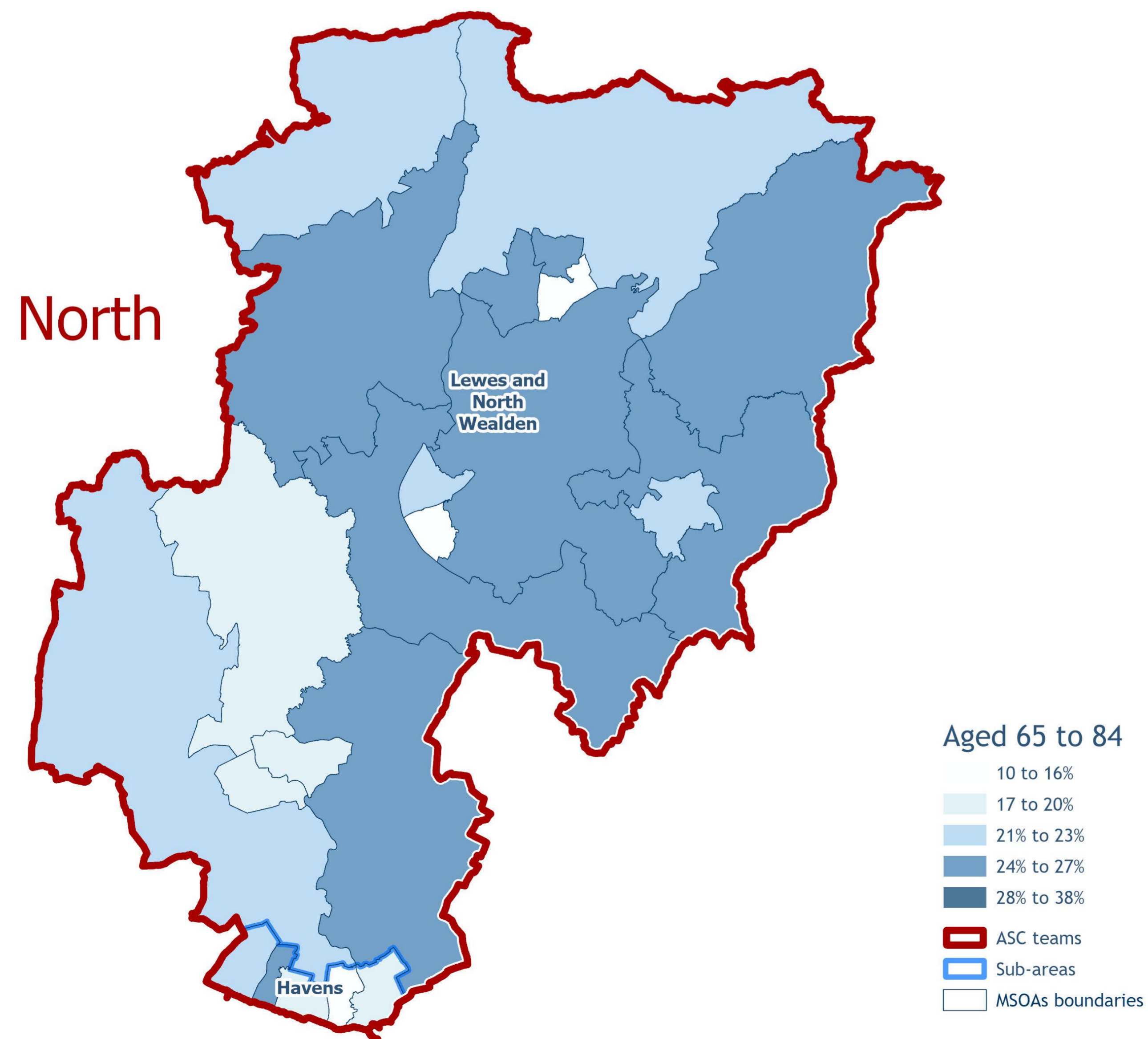
There is a lower % of older people in this part of the county than in East Sussex as a whole

# Older age

## Mid-2022 resident population estimates by age band, ONS

Aged 65-84

Aged 85+



# Future population

Older age groups are projected to increase at a faster rate than younger age groups across the county.

## East Sussex Population projections, ESCC. County level only.



Projected older population by age group, 2023-2038

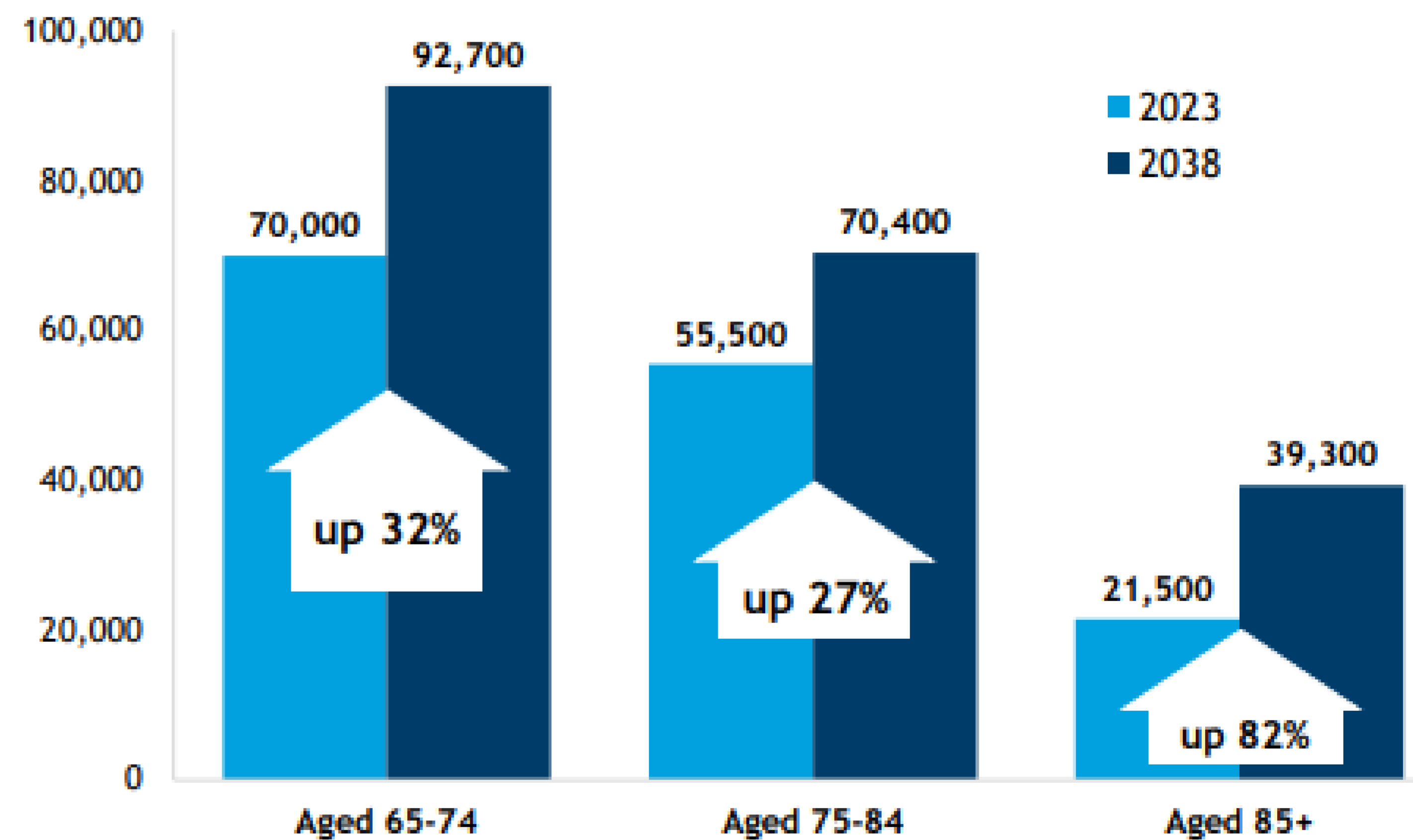
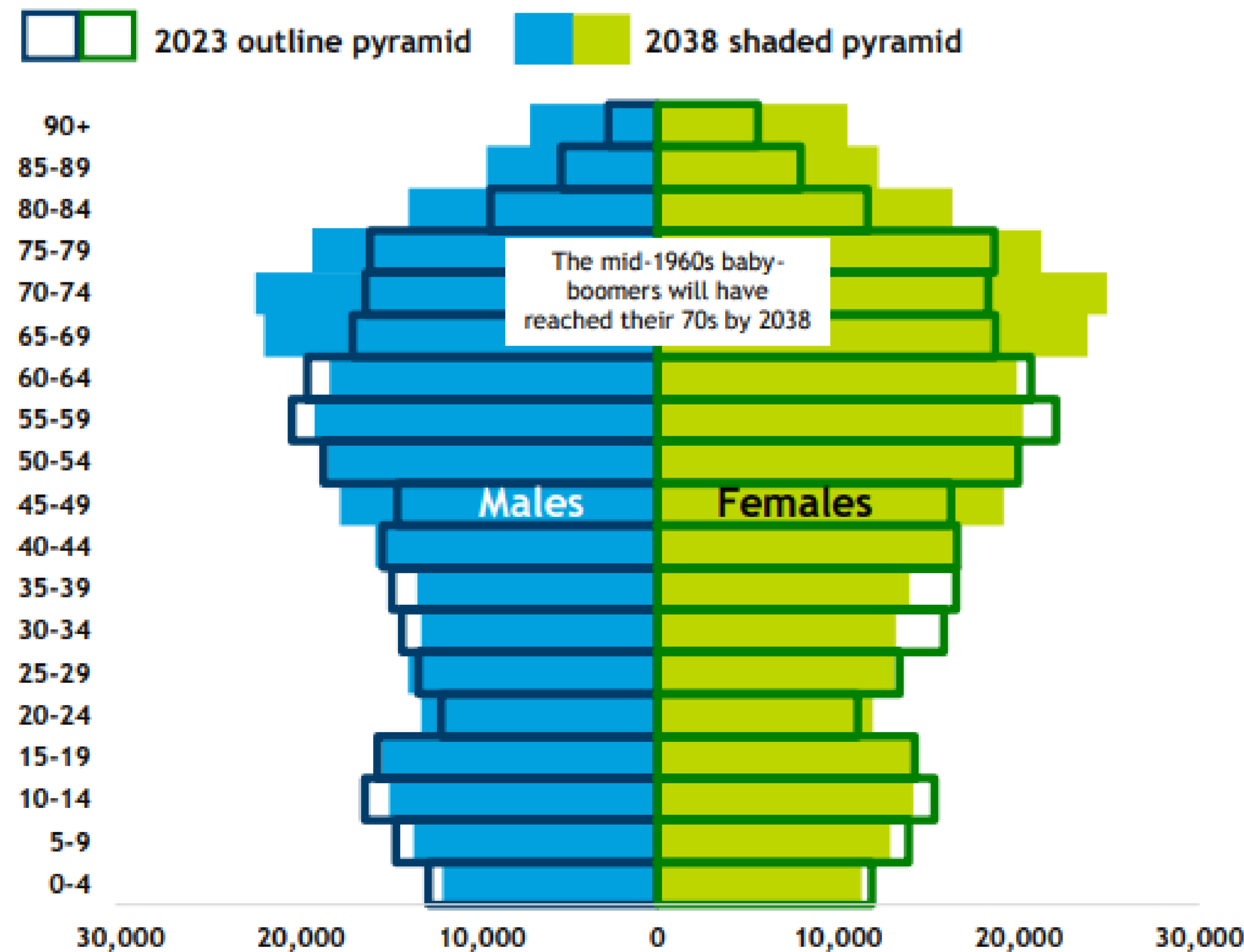


Fig. 1: East Sussex population in 2023 and 2038, by age and sex

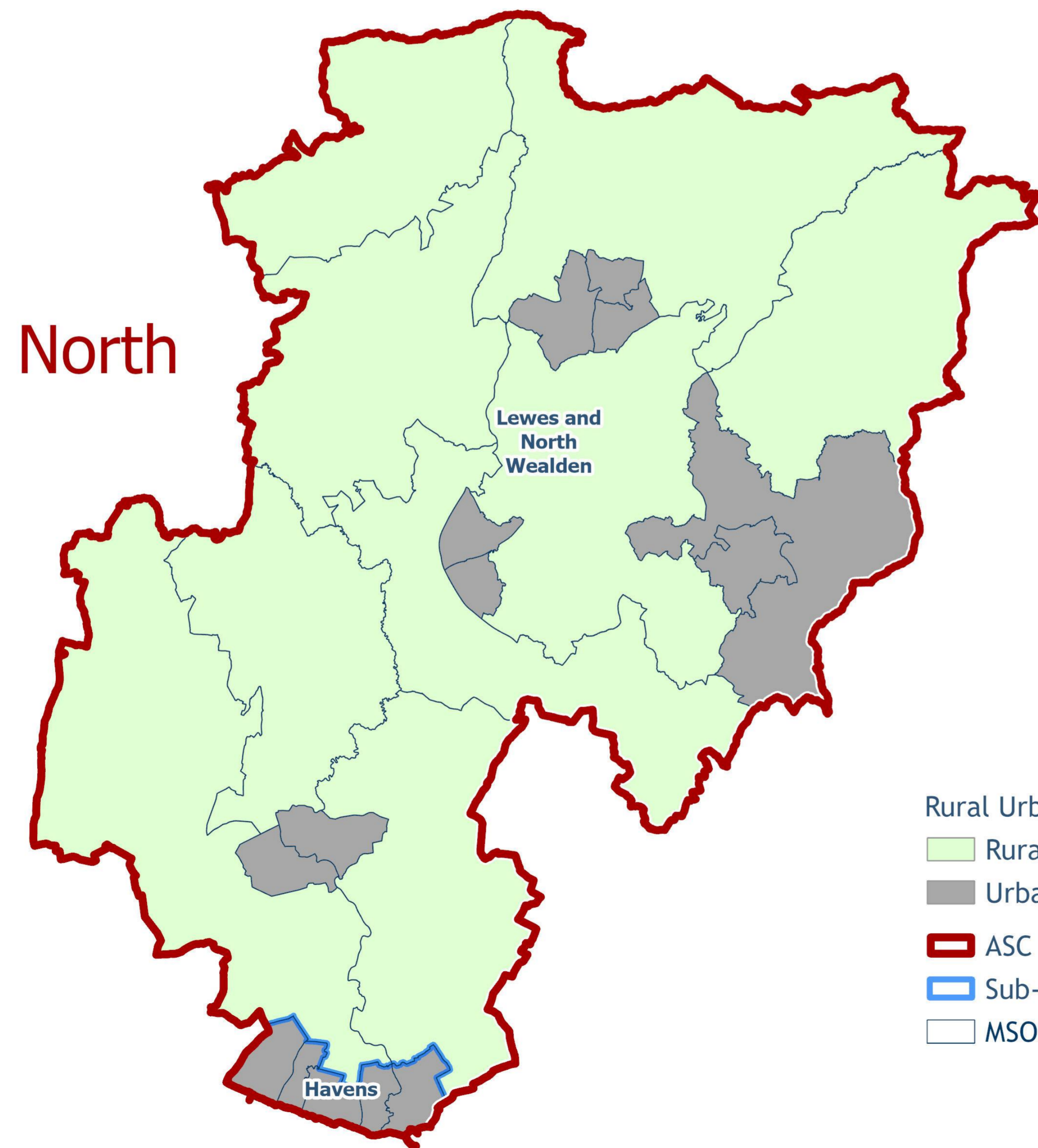


[Further info:](#)  
[Demographic projections briefing Feb24](#)

# Rurality

Lewes and North Wealden has the highest rural population in East Sussex

## Rural / Urban classifications from 2021 Census, ONS



ASC Team	ASC sub-area	Rural areas Population	%	Urban areas Population	%
North	Havens		0%	36,004	100%
	Lewes & North Wealden	65,826	49%	69,614	51%
<b>North Total</b>		<b>65,826</b>	<b>38%</b>	<b>105,618</b>	<b>62%</b>
<b>East Sussex Total</b>		<b>121,557</b>	<b>22%</b>	<b>429,450</b>	<b>78%</b>

Rural Urban Classification 2021  
 ■ Rural  
 ■ Urban  
 ■ ASC teams  
 ■ Sub-areas  
 □ MSOAs boundaries

Further info:  
[East Sussex in Figures – Data Observatory – Welcome to East Sussex in Figures – Local Reports – Intelligence Briefings – Rural Urban Classification](#)



# Key Equalities Demographics

2021 Census data unless otherwise stated

		England	East Sussex	North
Age (2022)	0-19	23%	21%	21%
	20-64	58%	53%	54%
	65+	19%	26%	25%
Ethnicity	Ethnically minoritised	27%	12%	10%
	Asian or Asian British	10%	2%	2%
	Black or Black British	4%	1%	1%
	Mixed or multiple ethnic group	3%	2%	2%
	Arab or any other group	1%	1%	1%
	White Irish or White other	8%	6%	5%
Religion	No religion or belief	37%	45%	44%
	Christian	46%	46%	47%
	Muslim	6.7%	1.1%	0.7%
	Jewish	0.5%	0.2%	0.3%
	Buddhist	0.5%	0.5%	0.4%
	Hindu	1.8%	0.3%	0.3%
	Sikh	0.9%	0.0%	0.0%
	Other religion	0.6%	0.8%	0.9%
Pregnancy & maternity (2024)	Live births		4,252	1,300
Sex (2022)	Female	51.0%	52.0%	51.6%
	Male	49.0%	48.0%	48.4%
Gender identity	Trans*	0.4%	0.3%	n/a
Sexual orientation	LGB+	3.2%	3.3%	n/a
Language	English is not main language	9.2%	3.7%	2.6%
	Do not speak English well	1.6%	0.5%	0.3%
Disability	Disabled	17%	20%	17%
Veterans	Veterans	3.8%	4.6%	4.2%
Marriage / civil partnership	Marriage / civil partnership	45%	47%	51%
	Never married/civil partnership	38%	32%	30%
	Separated	2%	2%	2%
	Divorced/civil partnership dissolved	9%	11%	10%
	Widowed / surviving civil partnership partner	6%	8%	7%
Carers	Unpaid carer	9.0%	9.9%	9.3%

Whilst East Sussex is generally not as diverse as England overall, it has higher % of older people, disabled people, veterans and unpaid carers

Further info:

[East Sussex in Figures – Equalities summary and reports](#)

# Ethnic diversity

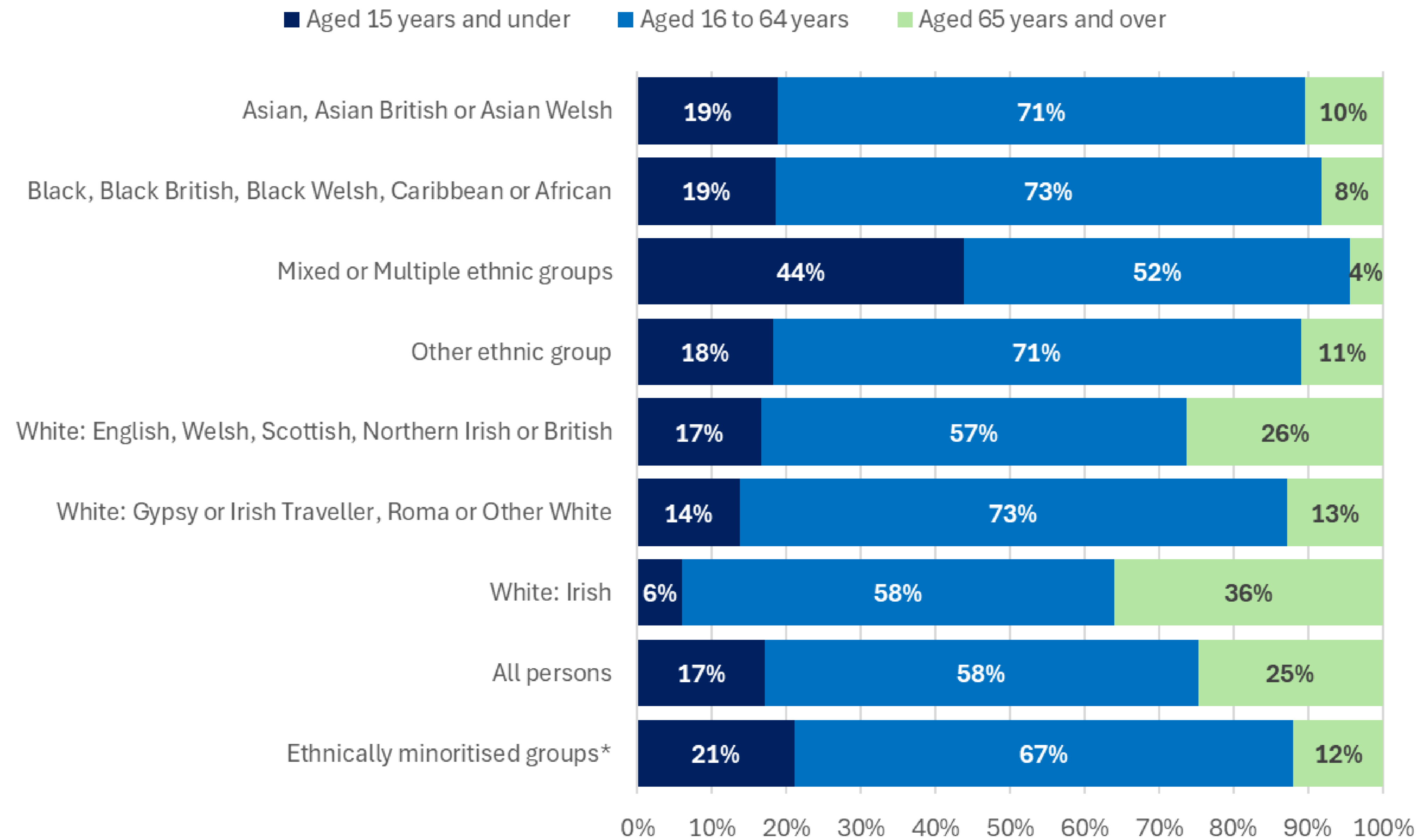
## 2021 Census, ONS

Ethnic group	Havens		Lewes & North Wealden		North Total	
	Number	%	Number	%	Number	%
White: English, Welsh, Scottish, Northern Irish or British	30,803	86.7%	120,921	90.5%	151,724	89.7%
White: Gypsy or Irish Traveller, Roma or Other White	1,820	5.1%	5,692	4.3%	7,512	4.4%
Mixed or Multiple ethnic groups	975	2.7%	2,777	2.1%	3,752	2.2%
Asian, Asian British or Asian Welsh	943	2.7%	1,857	1.4%	2,800	1.7%
White: Irish	231	0.7%	1,046	0.8%	1,277	0.8%
Other ethnic group	362	1.0%	688	0.5%	1,050	0.6%
Black, Black British, Black Welsh, Caribbean or African	385	1.1%	638	0.5%	1,023	0.6%
<b>All persons</b>	<b>35,519</b>	<b>100.0%</b>	<b>133,619</b>	<b>100.0%</b>	<b>169,138</b>	<b>100.0%</b>
<b>Ethnically minoritised groups*</b>	<b>4,716</b>	<b>13.3%</b>	<b>12,698</b>	<b>9.5%</b>	<b>17,414</b>	<b>10.3%</b>

\*Includes all groups other than White: English, Welsh, Scottish, Northern Irish or British

# Ethnic diversity by age

## North Team data, 2021 Census, ONS

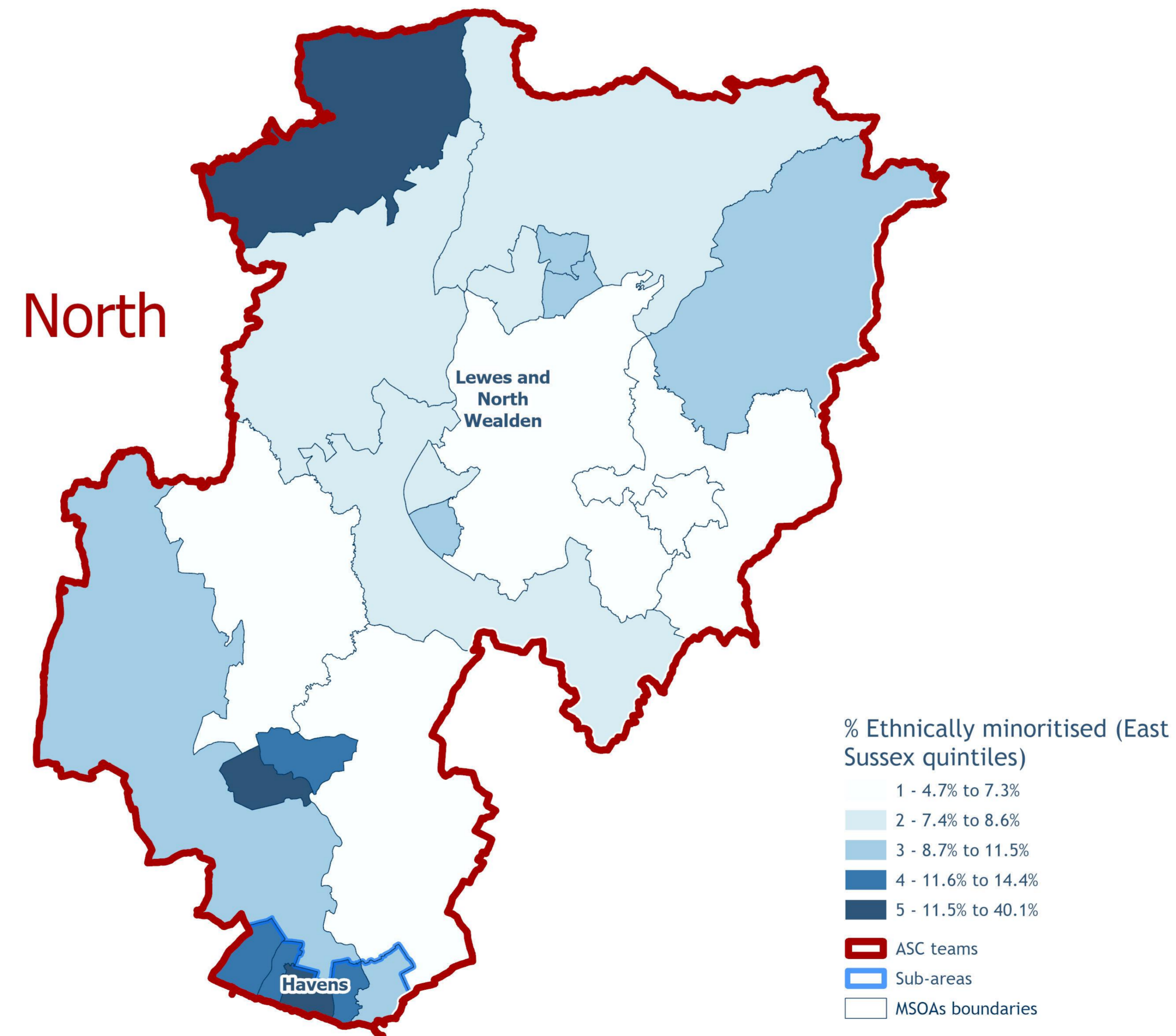


\*Includes all groups other than White: English, Welsh, Scottish, Northern Irish or British

# Ethnic diversity..

## Ethnically minoritised population\*, 2021 Census, ONS

Peacehaven East, Lewes West and Forest Row are the most ethnically diverse places in the area



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# Language

## 2021 Census data, ONS

### English proficiency by age group

		Number who cannot speak English or cannot speak English well by age				% aged 3+
ASC Team	ASC sub-area	Aged 3 to 15 years	Aged 16 to 64 years	Aged 65 years and over	All aged 3+	
North	Havens	17	156	30	203	0.6%
	Lewes and North	30	241	51	322	0.2%
<b>North Total</b>		<b>47</b>	<b>397</b>	<b>81</b>	<b>525</b>	<b>0.3%</b>
<b>East Sussex Total</b>		<b>256</b>	<b>2,106</b>	<b>478</b>	<b>2,840</b>	<b>0.5%</b>

### 10 local areas with highest %

MSOA Name	ASC sub-area	Number	Pop aged 3+	%
Peacehaven East	Havens	55	7,544	0.7%
Newhaven West	Havens	39	5,829	0.7%
Peacehaven West	Havens	48	7,430	0.6%
Newhaven Town	Havens	29	6,402	0.5%
Uckfield Town & North	Lewes & North Wealden	37	8,268	0.4%
Crowborough South East	Lewes & North Wealden	36	8,110	0.4%
East Saltdean & Telscombe Cliffs	Havens	32	7,216	0.4%
Uckfield South	Lewes & North Wealden	27	6,339	0.4%
Lewes West	Lewes & North Wealden	27	7,182	0.4%
Forest Row & Coleman's Hatch	Lewes & North Wealden	22	6,283	0.4%

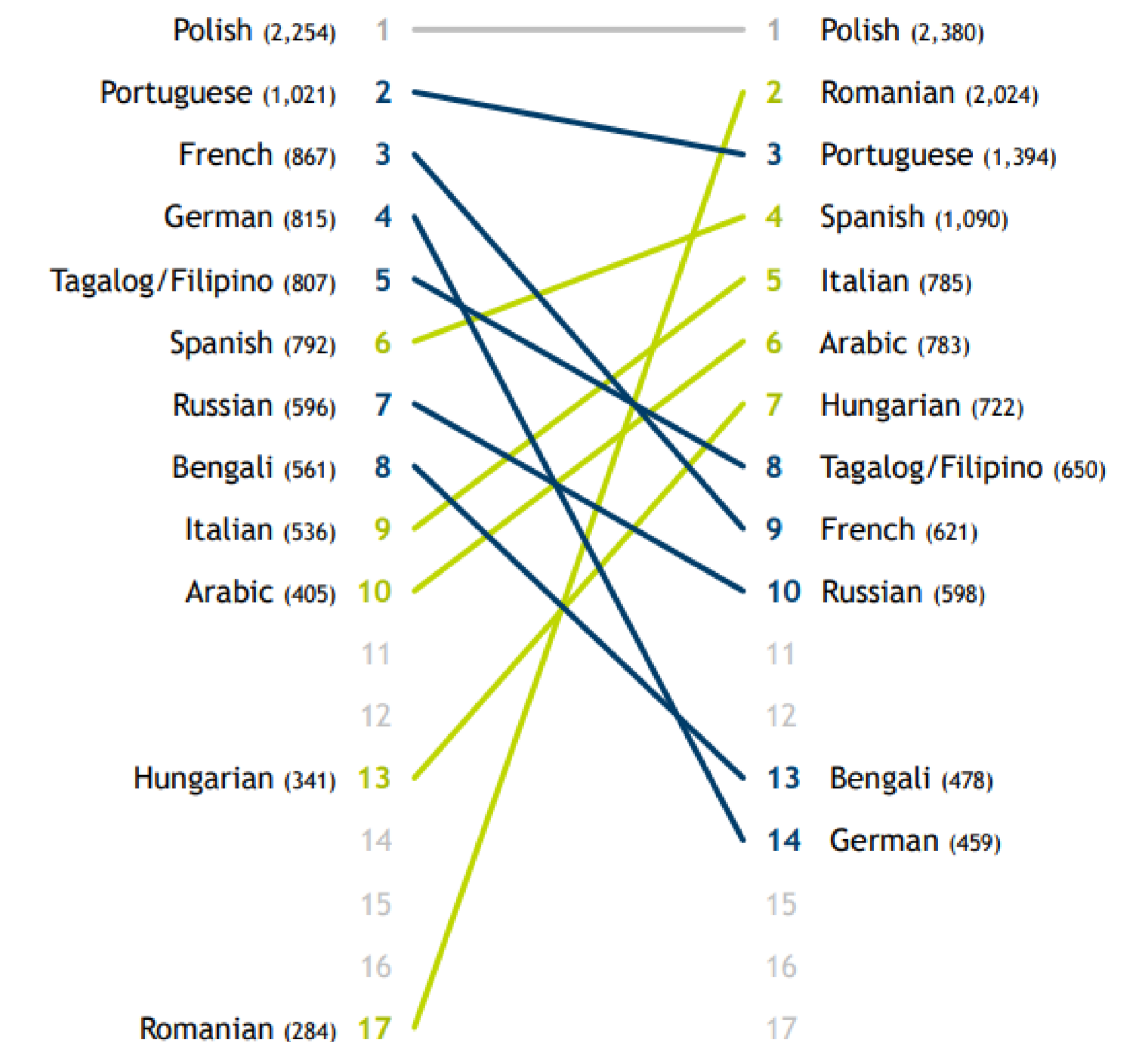
# Language 2021 Census

## Main language spoken in North Team

Main language	North	
	Number	%
English (English or Welsh if in Wales)	160,573	97.4%
Other European language (EU): Any other European languages	1,582	1.0%
Other European language (EU): Polish	500	0.3%
Spanish	292	0.2%
East Asian language: Any other East Asian languages	283	0.2%
Portuguese	227	0.1%
East Asian language: Mandarin, Cantonese and other Chinese languages	225	0.1%
French	225	0.1%
Arabic	158	0.1%
South Asian language: Any other South Asian languages	122	0.1%
West or Central Asian languages	102	0.1%
South Asian language: Bengali (with Sylheti and Chatgaya)	91	0.1%
Russian	89	0.1%
Other European languages (non-EU)	88	0.1%
Turkish	78	0.0%
African languages	70	0.0%
South Asian language: Tamil	70	0.0%
Any other languages (including sign and supported languages)	54	0.0%
South Asian language: Gujarati	23	0.0%
South Asian language: Urdu	15	0.0%
South Asian language: Panjabi	9	0.0%
Any other UK languages	6	0.0%

## More detail at county level

The top 10 main languages spoken in East Sussex excluding English in 2011 (left) and 2021 (right)



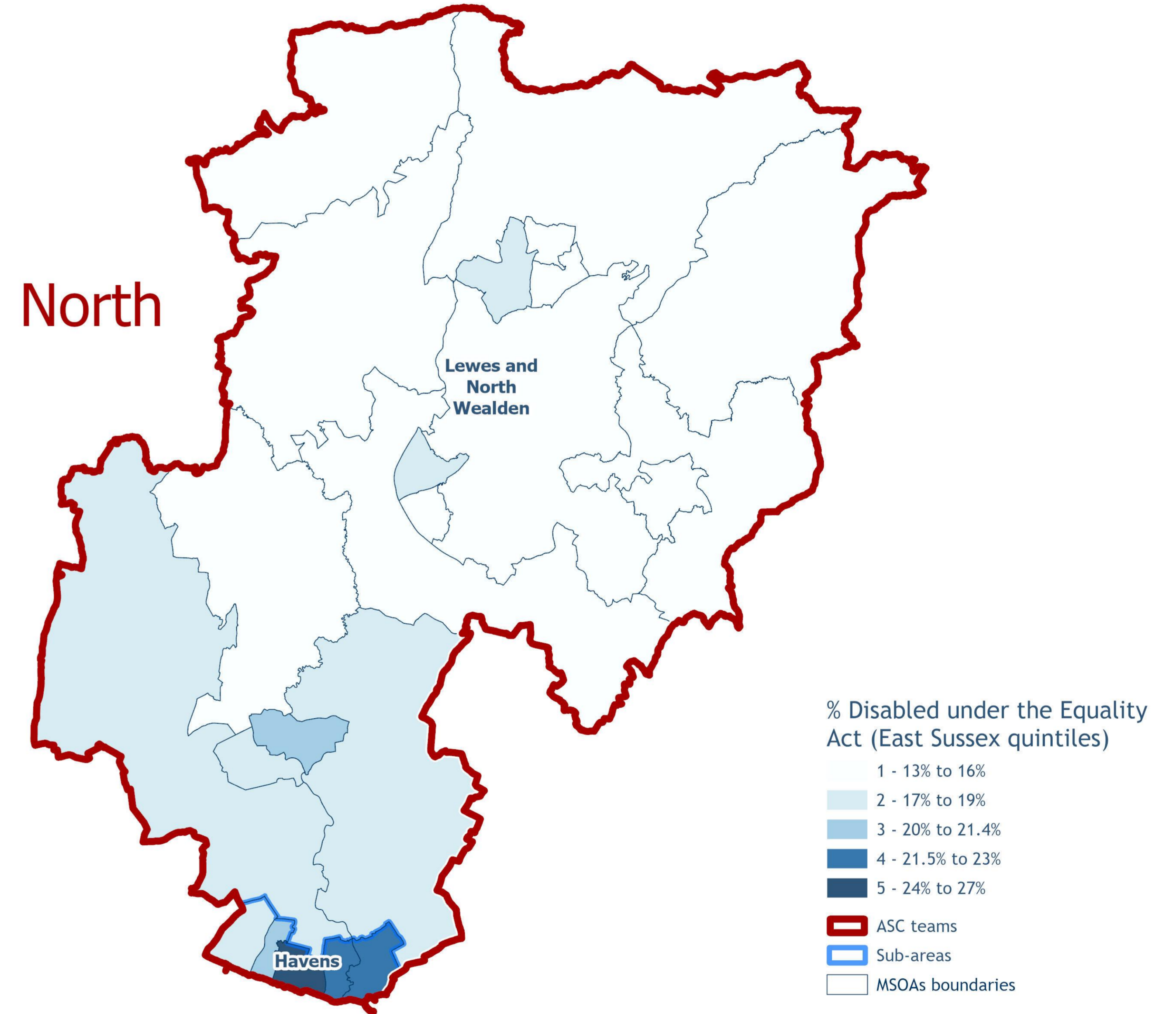
Source: ONS  
Note: Bengali includes Sylheti and Chatgaya

# Disability

The Havens have the highest rates of disability in the area

## 2021 Census data, ONS

ASC Team	ASC sub-area	Disabled: Day-to-day activities limited a lot		Disabled: Day-to-day activities limited a little	
		Number	%	Number	%
North	Havens	3,219	9%	4,355	12%
	Lewes & North Wealden	8,020	6%	13,911	10%
<b>North Total</b>		<b>11,239</b>	<b>7%</b>	<b>18,266</b>	<b>11%</b>
<b>East Sussex Total</b>		<b>45,189</b>	<b>8%</b>	<b>65,352</b>	<b>12%</b>

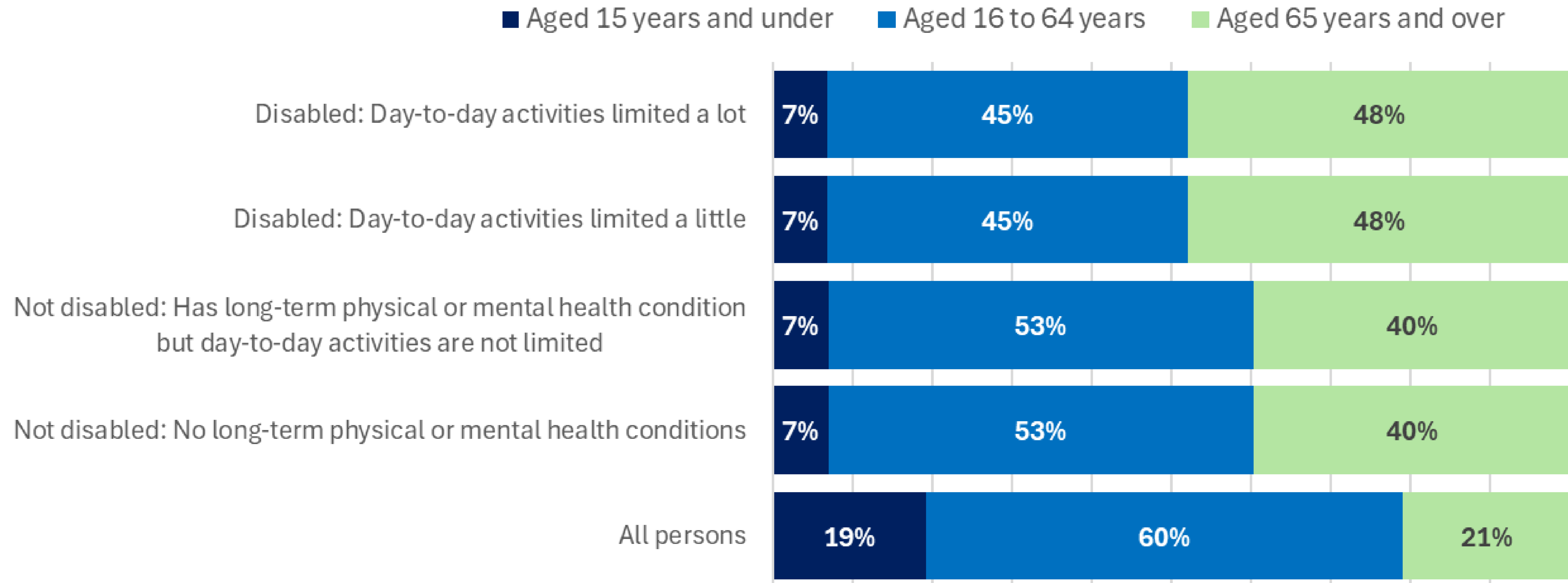


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[East Sussex 2021 Census Briefing: Disability](#)

# Disability by age

North Team data, 2021 Census data, ONS



# Unpaid carers

Just under 1 in 10 people provide unpaid care on a weekly basis in the area

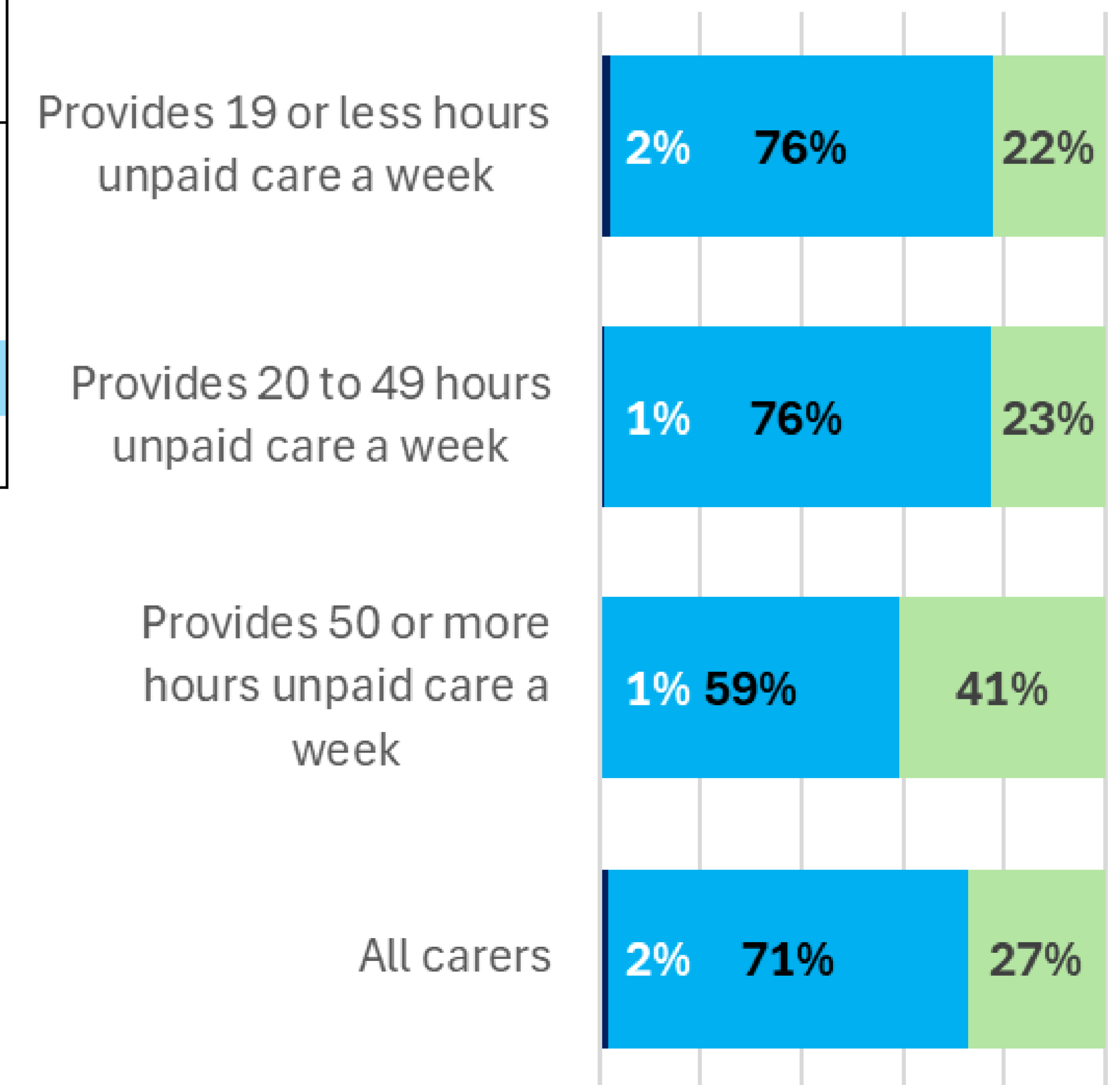
## North Team data, 2021 Census data, ONS

% of the population providing unpaid care

ASC Team	ASC sub-area	Provides 19 or less hours unpaid care a week		Provides 20 to 49 hours unpaid care a week		Provides 50 or more hours unpaid care a week	
		Number	%	Number	%	Number	%
North	Havens	1,661	4.9%	671	2.0%	1,196	3.6%
	Lewes & North Wealden	6,921	5.4%	1,757	1.4%	2,757	2.2%
<b>North Total</b>		<b>8,582</b>	<b>5.3%</b>	<b>2,428</b>	<b>1.5%</b>	<b>3,953</b>	<b>2.4%</b>
<b>East Sussex Total</b>		<b>26,128</b>	<b>5.0%</b>	<b>9,643</b>	<b>1.9%</b>	<b>15,638</b>	<b>3.0%</b>

## Carers by age group

■ Aged 0-14 ■ Aged 16-64 ■ Aged 65+

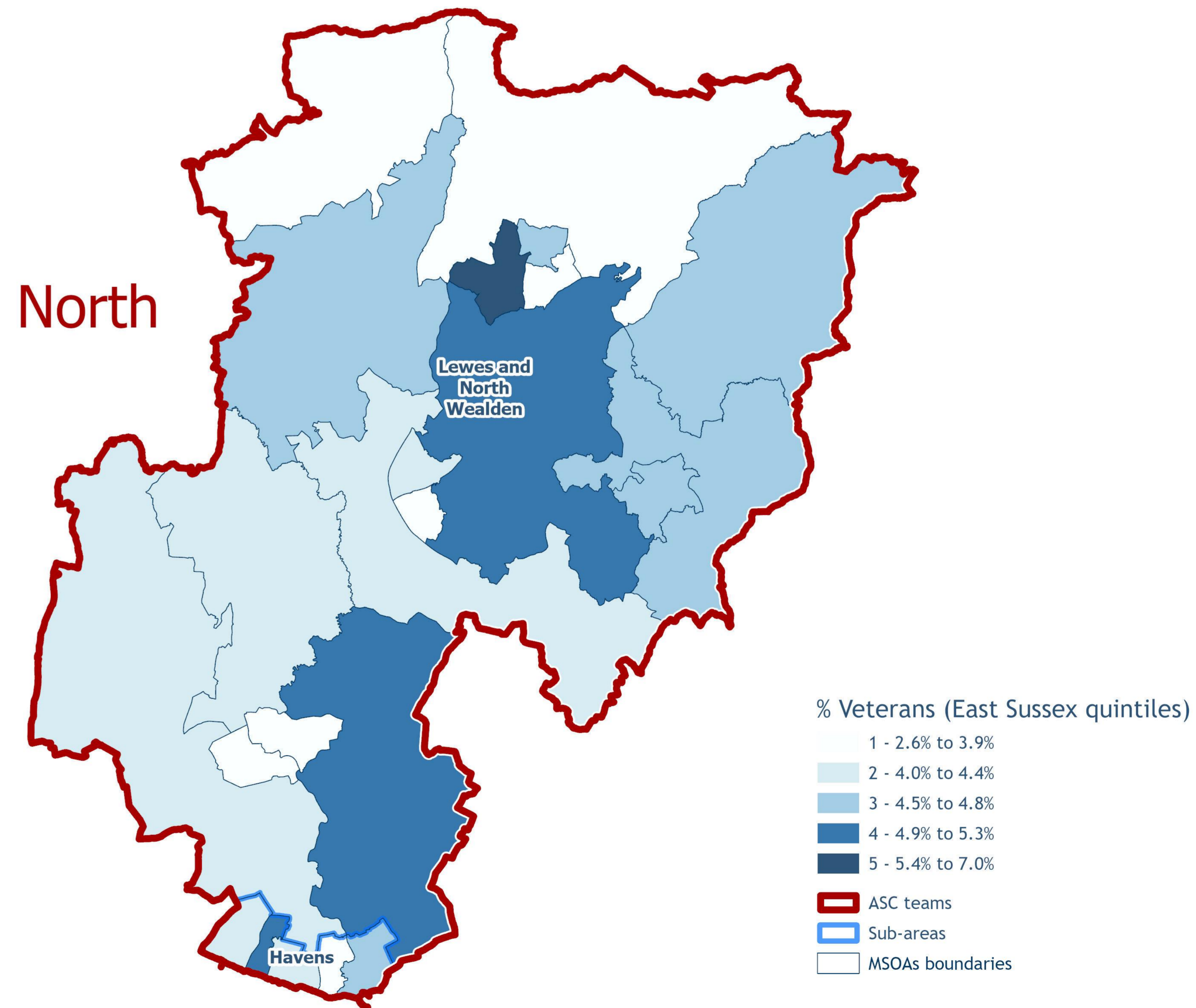


# Veterans

Crowborough South East has the highest % of the population who are veterans in the area but Buxted Famfield & Rotherfield, Ringmer Glynde & South Highton, and Peacehaven West also have higher numbers

## Previously served in regular and/or reserve UK armed forces 2021 Census data, ONS

ASC Team	ASC sub-area	Veterans	% of pop aged 16+
North	Havens	1,274	4.4%
	Lewes & North Wealden	4,685	4.2%
<b>North Total</b>		<b>5,959</b>	<b>4.2%</b>
<b>East Sussex Total</b>		<b>21,186</b>	<b>4.6%</b>



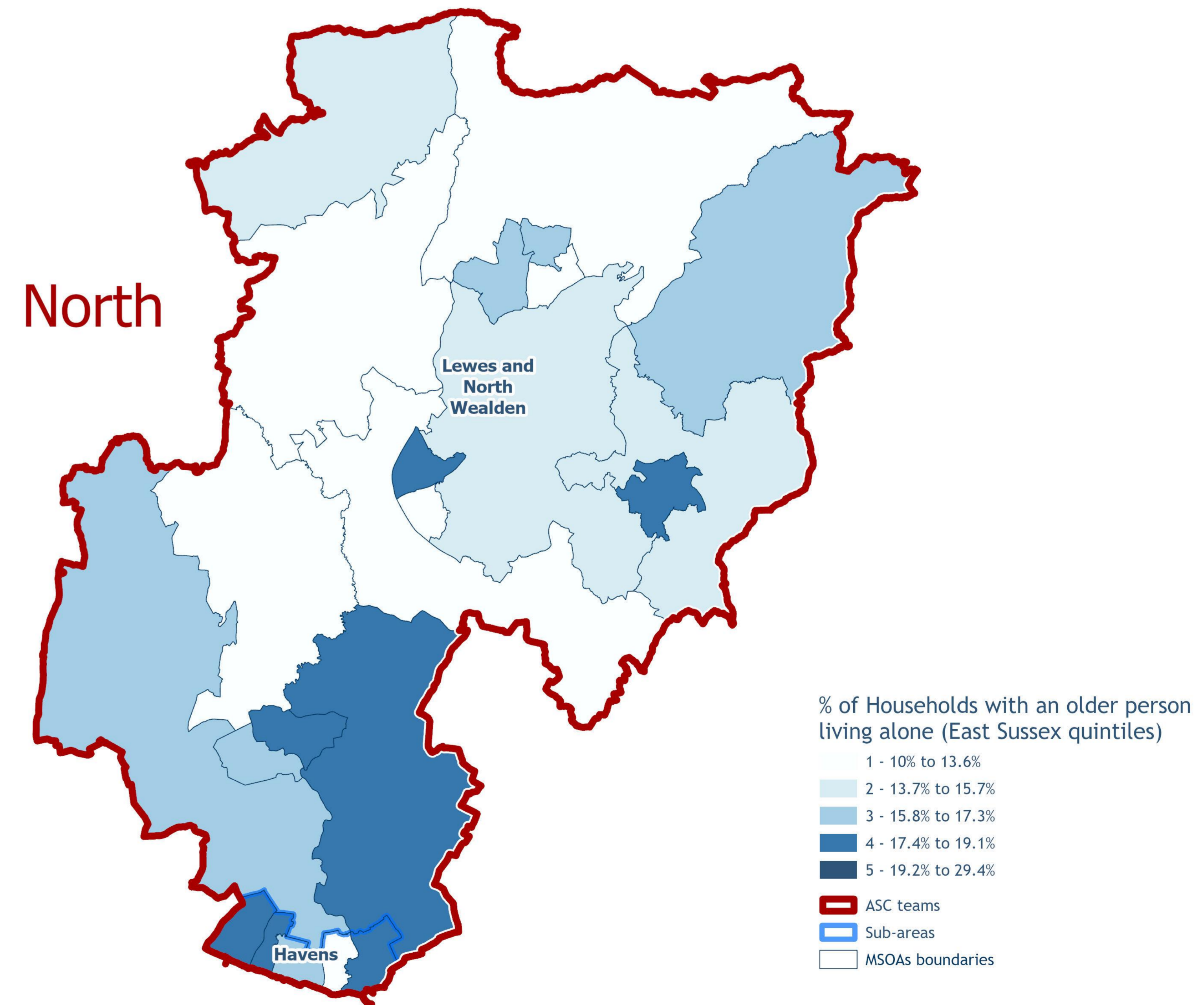
## East Sussex 2021 Census Briefing: Veterans

# People living alone

## Older people living alone 2021 Census data, ONS

ASC Team	ASC sub-area	All households	One-person household aged 65 and under		One-person household aged 66 and over	
			Number	%	Number	%
North	Havens	15,358	2,146	14%	2,558	17%
	Lewes and North Wealden	56,274	6,711	12%	8,738	16%
<b>North Total</b>		<b>71,632</b>	<b>8,857</b>	<b>12%</b>	<b>11,296</b>	<b>16%</b>
<b>East Sussex Total</b>		<b>240,114</b>	<b>35,336</b>	<b>15%</b>	<b>41,300</b>	<b>17%</b>

41,000 older people live alone in the county with highest rates in Bexhill.



# Areas of deprivation

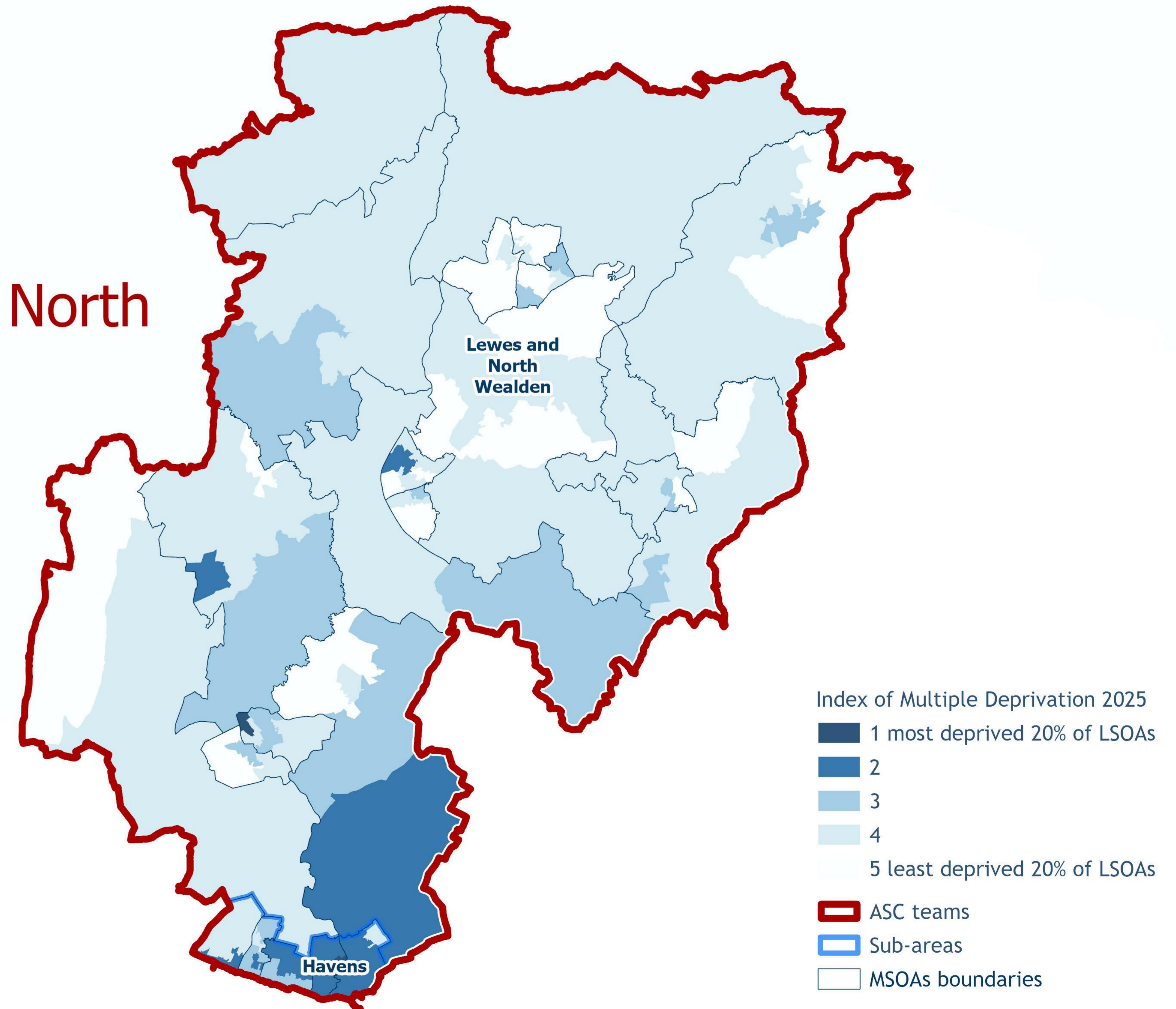
Areas of deprivation located in the Landport area of Lewes town and in the Havens

## Indices of deprivation 2025

% of population that live in the most deprived areas

ASC Team		National deprivation quintiles				
		1 - Most deprived 20% in England	2	3	4	5 - Least deprived 20% in England
North	Havens	4%	47%	24%	0%	
	Lewes and North Wealden	1%	3%	18%	30%	47%
<b>North Total</b>		<b>2%</b>	<b>12%</b>	<b>20%</b>	<b>24%</b>	<b>42%</b>
<b>East Sussex Total</b>		<b>15%</b>	<b>22%</b>	<b>22%</b>	<b>14%</b>	<b>26%</b>

North

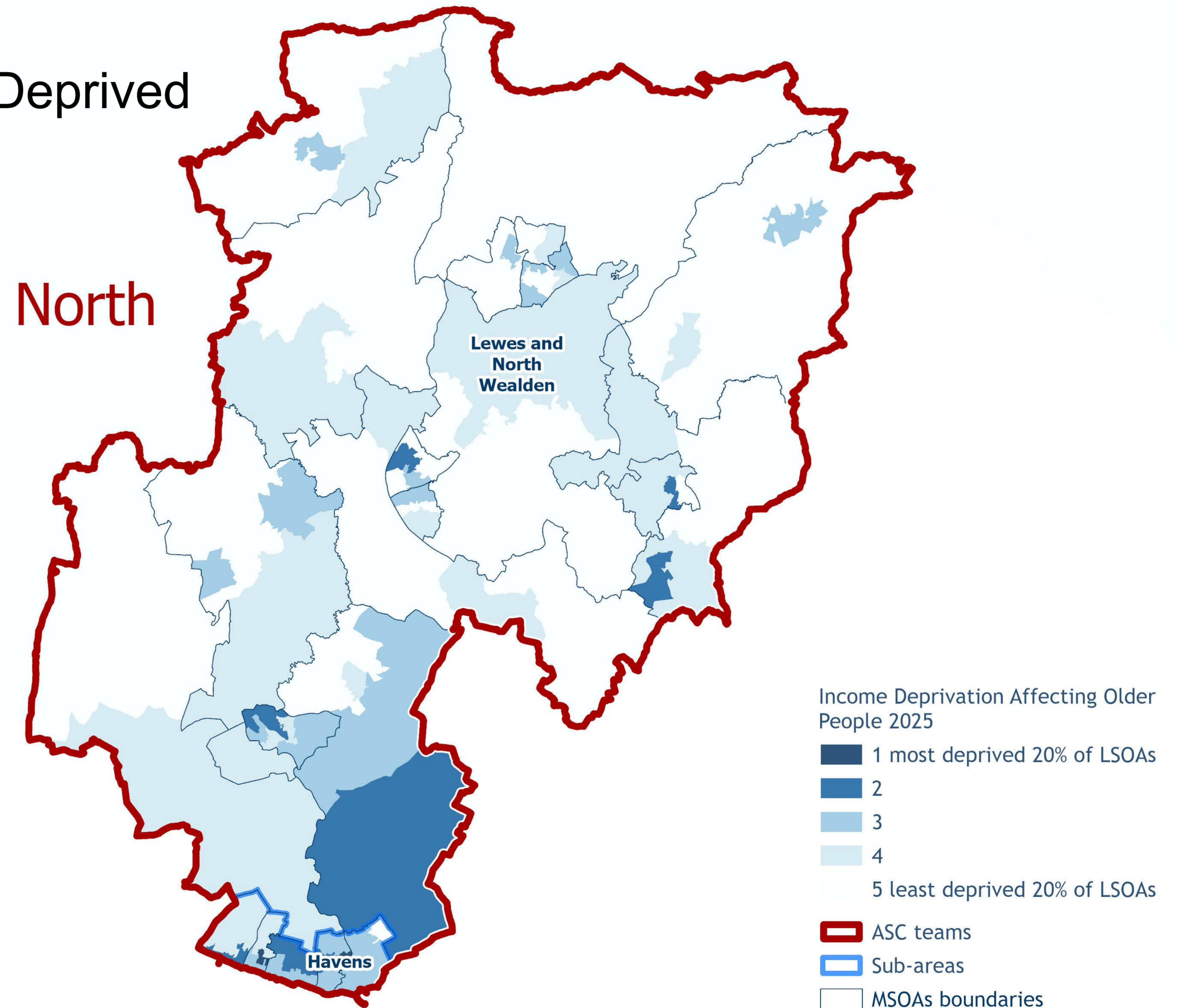


# Income Deprivation Affecting Older People (IDAOPI) 2025

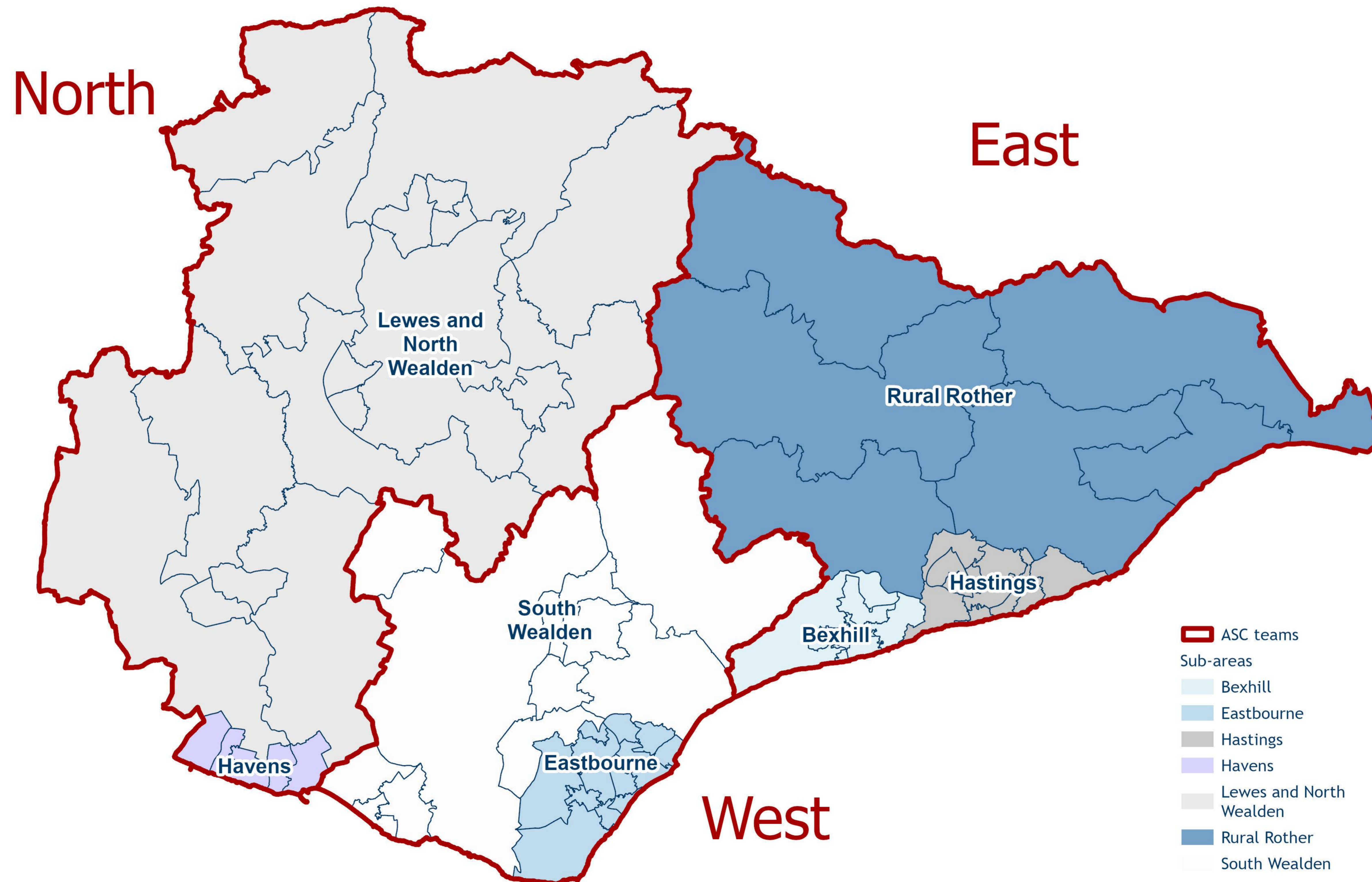
## Percentage of over 60s who are Income Deprived

ASC Team	ASC sub-area	IDAOPI Score
North	Havens	17.2%
	Lewes and North Wealden	8.2%
<b>North Total</b>		<b>9.9%</b>
<b>East Sussex Total</b>		<b>13.4%</b>

13% of older people in East Sussex are living in income deprivation with highest rates in this area being in the Havens



# Appendix 1



# Appendix 2



